



## **CACFP Center Menu**



Cycle Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday		
AM Snack (2 of 5)							
Milk	Milk, 1%, whole		T` '	Water	Milk, 1%, Whole		
Meat/Meat Alterna		Cream Cheese	<del>' ' '</del>	Cheese Stick	, ,		
Vegetables							
Fruit				Orange Slices	Banana		
Grains	WW French Toast Sticks	WW Mini Bagel	WW Waffle		WG Cheerios		

Lunch								
	Tuna Noodles	Turkey Chili	Biscuits & Gravy	<b>Tator Tot Casserole</b>	Ham &Cheese			
Milk	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole			
Meat/Meat Alternate	Tuna	Ground Turkey	Ground Pok/Gravy	Ground Beef	Deli Ham/Sliced Cheese			
Vegetables	Peas	Tomatoes/Beans	Green Beans	Mixed Veggies/Tots	Diced Carrots			
Veg/Fruit	M. Oranges	Pears	Mixed Fruit	Pineapple	Peaches			
Grains	WW Noodles	WG Corn Bread	Biscuits	Dinner Roll	WW Bread			
Other Foods		Shredded cheese			NF Strawberry Yogurt			

PM Snack (2 of 5)								
Blueberry Muffin Square			Strawberry Shortbread					
Milk	Milk, 1%, whole	Water	Water	Water	Water			
Meat/Meat Alternate		Cottage Cheese			Cream Cheese Dip			
Vegetables					Cubcumber Slices			
Fruit	Blueberries	Diced Peaches	Strawberries	Tropical Fruit				
Grains	Muffin Squares		Shortbread	WW Goldfish Cracker	WG Triscuits			