



CACFP Center Menu



Cycle Menu	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
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AM Snack (2 of 5)						
Milk	Milk, 1% whole	Water	Milk, 1%, Whole	Water	Water	
Meat/Meat Alternate		Colby Jack Cheese 2%			Sunbutter	
Vegetables		Cucumber Slices	Baked Beans			
Fruit	Cinnamon Applesauce			Orange Slices	Bananas	
Grains	WW Waffles		WW Goldfish Crackers	WW Toast/Butter/Jelly	Pretzels Sticks	

Lunch						
	Macaroni & Cheese	Taco Pizza	Spaghetti	Ham & Cheesy Spuds	Tuna Melt	
Milk	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	
Meat/Meat Alternate	Cheese Sauce (Cheddar)	Ground Beef/Beans	Ground beef	Diced Ham	Tuna	
Vegetables	Green Beans	Tomatoes/Peppers	Lettuce Salad	Diced Potatoes	Potato Wedges	
Veg/Fruit	Tropical Fruit	Pears	Pears	Fruit Cocktail	M. Oranges	
Grains	WW Noodles	WW Tortilla	WW Noodles	Dinner Roll	WW E. Muffin	
Other Foods	Cottage Cheese	Shredded cheese	Tomato Sauce		Sliced Cheese	

PM Snack (2 of 5)						
Milk	Water	Milk, 1%, Whole	Water	Water	Milk, 1%, Whole	
Meat/Meat Alternate	Greek Yogurt		Cottage cheese		Hummus	
Vegetables						
Fruit		Apple Slices	Pineapple Tidbits	Sliced Carrots		
Grains	Animal Crackers	WG Teddy Grahams		WG Triscuits	WG Sun Chips	

This institution is an equal opportunity provider.