



## CACFP Center Menu



<b>Cycle Menu</b>	<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
-------------------	---------------	---------------	----------------	------------------	-----------------	---------------

AM Snack (2 of 5)					
Milk	Water	Milk, 1%, whole	Milk, 1%, Whole	Milk, 1%, whole	Water
Meat/Meat Alternate	NonFat Yogurt			Cream Cheese Dip	Ham/2%Ched Slices
Vegetables		Avacado			
Fruit	Blueberries			Apple Slices	
Grains		WW Toast	WW E. Muffin		WG Ritz Crackers

Lunch					
	Chicken Rice Casserole	Vegetable Quiche	Meat Loaf	Hamballs	Beef Casserole
Milk	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole	Milk, 1%, whole
Meat/Meat Alternate	Diced Chicken	Eggs	Ground Beef	Ham/Pork	Ground Beef
Vegetables	Peas	Mixed Vegetables	Green Beans	Sweet Potatoes	Corn
Veg/Fruit	Pineapple	Potatoes	Mashed Potatoes	Pears	AppleSauce
Grains	Brown Rice	WW Flour	Dinner Roll	WW Bread & Butter	WW Noodles
Other Foods	Cheese sauce	Shredded cheese			Tomato/Cheese Sauce

PM Snack (2 of 5)					
Banana Sushi					
Milk	Water	Milk, 1%, whole	Water	Water	Milk, 1%, whole
Meat/Meat Alternate			Pepperoni/Diced Mozz		Sunbutter
Vegetables			Cherry tomatoes		
Fruit	Pepper Slices/Ranch	Strawberries		Mixed Berries	Banana
Grains	Wheat Thins	WW Graham Cracker	Pretzels	WG Oatmeal	WW Tortilla

This institution is an equal opportunity provider.